



## TRACK AND FIELD MEET INFORMATION - 2017

There are three general “categories” of track & field meets for competition during the La Crosse Track Club’s summer season. They are, in increasing level of competitiveness:

1. **All-area meets:** There will be three of these local area meets, all on Friday mornings, approximately 8 am until 1 pm. La Crosse Track Club athletes will compete with Onalaska and Holmen’s park/rec summer programs. Dates are: Fri June 23 (@ Holmen HS), Fri June 30 (@ La Crosse Central HS) and Fri July 14 (@ Onalaska Luther HS). These meets are only for those athletes registered in one of the summer track programs, ages 6-14. The possibility for athletes ages 15-16 to compete remains pending, stay tuned. Sign-up for these meets will be online, and advanced registration is required. Announcements will be sent with specific times -- watch your email inbox. There is no extra cost for these three meets.
2. **Badger State Games:** This is a large state-wide track and field competition held right here in La Crosse (at UW-L) on Saturday June 17<sup>th</sup>. It is open to all ages 7+ and all ability levels. It is an open meet – talk to your friends and invite them to compete, even if they are not in the Track Club! Advanced registration is required, on-line, on your own. The meet begins in the morning & will go into early-to-mid afternoon. <http://www.sportsinwisconsin.com/summer-games/track>
3. **USA Track and Field (USATF) Junior Olympics Wisconsin State Championships:** This is an optional, highly competitive all-ages event, held in Waukesha, Wisconsin at Carroll University on Saturday June 10<sup>th</sup>. Many Track Club families typically have made the trek each year, staying in a hotel the night before and spending the Saturday at the track. The top 8 finishers in each event qualify for the USATF Region 8 meet... and some EXCITING NEWS for 2017: the 6-state Regional meet will be here in La Crosse at UW-L! So if you have never done a Junior Olympics meet, this would be a great year to go try it.

**IMPORTANT:** Prior to Junior Olympics meet sign-up, every athlete **MUST** obtain (or renew) his/her individual USATF membership, which is done on your own, online: [www.usatf.org](http://www.usatf.org). After obtaining USATF membership, athletes must then complete the paper sign-up form and return it to Coach Dan no later than Friday June 2<sup>nd</sup>.