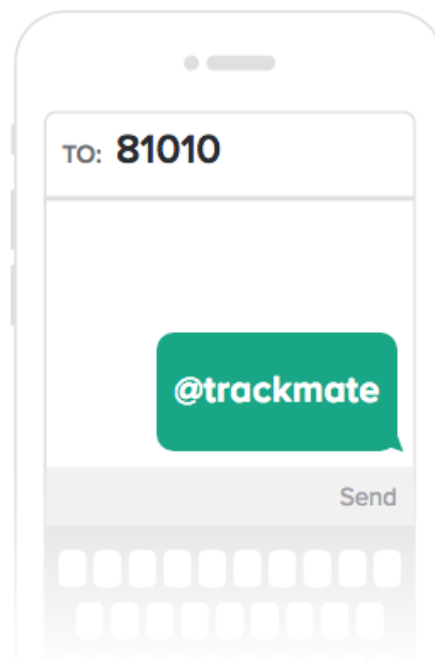


# TRACK CLUB PARENT TEXT MESSAGE GROUP

This is a text-message announcement service set up specifically for La Crosse Track Club. It is optional but you may find it useful if you would like to receive urgent messages by text (e.g. practice cancelled due to lightning). This will ONLY be used if for urgent messages, while all routine communication will be sent by email.

Instructions to join the Parent text message group:

Text @trackmate to 81010



NOTE: The confirmation text message will say *Reply to send Dan a message*. You DON'T need to do that!

Also, it will also invite you to "get the App" from Remind. You DON'T need to do that either!

Once you get the confirmation message, you are all set. You do not need to do anything further, and you may feel free to delete that welcome text message.

Complete details: [www.remind.com](http://www.remind.com)