



TRACK AND FIELD MEET INFORMATION – 2019



Listed below are the “categories” of track & field meets during the La Crosse Track Club’s summer season. They are, in increasing level of competitiveness:

Local Mini-Meets:

Three local track & field meets will be held on Friday mornings, 8:00 am until approximately 12 or 1 pm. These meets are open to La Crosse Track Club athletes ages 6-14 and we will compete against youth park & recreation program participants from Onalaska, Holmen, West Salem and Galesville.

Dates/Locations:

Fri June 28 @ Holmen High School

Fri July 12 @ Onalaska High School

Fri July 19 @ La Crosse Central High School

You will need to sign up for each of these meets online the week prior to each meet. Announcements will be sent by email with the specific link for meet sign-up. There is no extra cost for these three meets.

Badger State Games:

This is a large moderately- to highly competitive state-wide track & field meet which will be held on Saturday June 15 at DC Everest Junior High School (Wausau area). Meet registration and travel will be on your own. Information: <https://www.visitwausau.com/track-field>

AAU Track & Field Meets:

Many athletes in the La Crosse Track Club will choose to compete at the Wisconsin AAU track & field meet to be held on Saturday June 22 at Wauwatosa West High School (Milwaukee area). This is a large all-day competitive track meet, although athletes of all abilities and experience are welcome. Qualifiers from this Wisconsin meet will be eligible to compete in the AAU Region 14 national qualifier track & field meet, which in 2019 will be held at Hart Park Stadium in West Allis, Wisconsin (Milwaukee area). If you want to compete in the AAU meet, you will need to do 2 things: (1) obtain individual AAU youth athlete membership (cost \$14) online www.aauathletics.org and (2) choose the AAU team option when registering for La Crosse Track Club’s summer program. The La Crosse Track Club will coordinate meet entries for any of the La Crosse Track Club youth athletes who choose the AAU team option.

What about USA Track & Field (USATF)? In prior years, the USATF Wisconsin outdoor meet was the main “road trip” competition for the La Crosse Track Club. This year we are favoring the AAU meets due to more favorable scheduling, and also since the subsequent AAU regional meet will also be in Wisconsin this year (the regional USATF meet will be in Fargo, ND). The La Crosse Track Club still encourages USATF competition for those athletes who wish to do so (USATF individual membership and age verification is required, www.usatf.org). The La Crosse Track Club will coordinate athlete sign-up and registration into the USATF outdoor meets like prior years.