



## TRACK AND FIELD MEET INFORMATION – 2018



There are three general “categories” of track & field meets for competition during the La Crosse Track Club’s summer season. They are, in increasing level of competitiveness:

### All-Area Mini-Meets:

Three local mini-meets will be held on Friday mornings 8:00 am until approximately 12 or 1 pm. These meets are open to La Crosse Track Club athletes ages 6-14 as well as those in Onalaska’s and Holmen’s summer park/rec programs. Dates are: Fri June 22 (@ La Crosse Central High School), Fri June 29 (@ location T.B.D. ) and Fri July 13 (@ Onalaska High School). Sign-up for these meets online; advanced registration is required. Announcements will be sent by email with specific link for sign-up. There is no extra cost for these three meets.

### Badger State Games:

This is a large state-wide track and field competition for athletes of all ages. At the time this was written, the date and the location was not known (it will NOT be held at UWL this summer due to football field replacement and other construction). BSG is an open meet – talk to your friends and invite them to compete, even if they are not in the Track Club! Advanced registration and additional fee is required, on-line, on your own. The meet begins in the morning & will go into early-to-mid afternoon. <http://badgerstategames.org/summer-games>

### USA Track and Field (USATF) Junior Olympics Wisconsin:

This is an optional highly competitive all-ages event, held in Waukesha, Wisconsin at Carroll University on **Saturday June 16<sup>th</sup>**. Many Track Club families make the trek each year, staying in a hotel the night before. The top 8 finishers in each event qualify for the USATF Region 8 meet, which this year will be held at Iowa State University in Ames, Iowa.

**IMPORTANT:** Prior to Junior Olympics meet sign-up, every athlete **MUST** obtain (or renew) his/her individual USATF membership, which is done on your own, online: [www.usatf.org](http://www.usatf.org). After obtaining USATF membership, athletes must **THEN** verify their ages (if not done in a previous year). Finally (and **ONLY** when those steps are done) you can sign up for this meet following the additional instructions that are available on the La Crosse Track Club’s website (and will also be sent by email.)