

MINI-MEET #1 HOSTED BY HOLMEN PARK & REC

LOCATION: HOLMEN HIGH SCHOOL

DATE: FRIDAY JUNE 23

Track opens at 8:00 am for check-in and warm-ups. **Check-in closes at 8:45 am.**

Field Events:

Starting at 9:00 am

Long Jump and Shot Put (separate flights for age groups, to be announced at meet)

Running Events:

Starting at 9:00 am

100m Hurdles (ages 11+ only)

50m Dash (ages 10 and under only)

100m Dash

400m Dash

4x100m Relay (relay teams organized by program directors/coaches)

800m Run

MINI-MEET #2 HOSTED BY LA CROSSE TRACK CLUB

LOCATION: LA CROSSE CENTRAL HIGH SCHOOL

DATE: FRIDAY JUNE 30

Track opens at 8:00 am for check-in and warm-ups. **Check-in closes at 8:45 am.**

Field Events:

Starting at 9:00 am

Shot Put and High Jump (separate flights for age groups, to be announced at meet)

Running Events:

Starting at 9:00 am

100m Hurdles (ages 11+ only)

50m Dash (ages 10 and under only)

100m Dash

400m Dash

4x100m Relay (relay teams organized by program directors/coaches)

1600m Run

200m Dash

MINI-MEET #3 HOSTED BY ONALASKA PARK & REC

LOCATION: ONALASKA LUTHER HIGH SCHOOL

DATE: FRIDAY JULY 14

Track opens at 8:00 am for check-in and warm-ups. **Check-in closes at 8:45 am.**

Field Events:

Starting at 9:00 am

High Jump and Long Jump (separate flights for age groups, to be announced at meet)

Running Events:

Starting at 9:00 am

100m Hurdles (ages 11+ only)

50m Dash (ages 10 and under only)

100m Dash

800m Run

4x100m Relay (relay teams organized by program directors/coaches)

200m Dash